

Lesson 4.01 - Food and Drink

(Covering the section titled: “Water,” pages 64 and 65.)

Important words used in this lessons:

Spring: water that flows out of ground.

Cistern: a hole in the ground that collects rain water, or it collects water from a nearby stream.

Drought: a long dry time, when no rain falls.

Famine: a long time, when no food grows.

ACTIVITIES:

(A) Read Jeremiah 2:13.

(B) God compares a broken cistern to what? **Israel’s worship of idols and other false gods.**

(C) Can you remember any Bible stories about *drought* and *famine*? **(1) Joseph in Egypt. (2) Elijah & Ahab**

Lesson 4.02

(Covering the sections titled: “Bread and salt between them” and “Bread,” pages 64 and 66.)

ACTIVITIES:

(A) Read Psalm 41:9.

(B) When did this prophecy come true (happen) in the New Testament? (See John 13:18 and John 13:18-26.)

Judas ate a meal with Jesus (the Passover & the Lord’s Supper), and then Judas betrayed Jesus.

Lesson 4.03 - Preparing the Flour

(Covering the sections title: “Grains used for flour,” “Primitive grinding devices,” “Construction of the rotary flour mill,” and “Operation of the rotary mill,” pages 66-68.)

ACTIVITIES:

(A) List the different kinds of *grains* people in Bible times used for flour:

- Wheat
- Barley
- Spelt
- Millet

(B) Read Deuteronomy 24:6.

(C) What special law did God command about millstones? **“Do not take a pair of millstones – not even the upper one – as security (collateral) for a debt, because that would be taking a man’s livelihood...”**

Lesson 4.04 - Making Bread and Other Baking

(Covering the sections titled: “Sifting the flour” and “Preparing the dough,” pages 69 and 70.)

ACTIVITIES:

- (A) What does the word *leaven* mean? **Yeast (ingredients that make the dough rise before it is baked)**
- (B) Read 1 Corinthians 5:6-8.
- (C) The Bible compares leaven (yeast) to what? (Hint: Read verses 1-13.) **sin, especially sexual immorality.**

Lesson 4.05

(Covering the sections titled: “Ovens made of clay” and “Community oven,” pages 70-72.)

ACTIVITIES:

- (A) Read John 6:9.
- (B) Jesus fed 5,000 people with what kind of bread? **Barley**

Lesson 4.06

(Covering the sections titled: “Simple camp over” and “Other baked goods; the use of honey,” pages 70 and 72.)

ACTIVITIES:

- (A) Read Psalm 119:103.
- (B) This verse compares sweet honey to what? **God’s Words, God’s promises**

Lesson 4.07 - The Use of Vegetables and Herbs

(Covering the sections titled: “Gardening with and without irrigation” and “The legumes as food,” pages 73 and 74.)

ACTIVITIES:

- (A) Read Genesis 25:30-34.
- (B) Esau bought a bowl of red lentil stew. He paid what? **His birthright**

Lesson 4.08

(Covering the sections titled: “Other common vegetables” and “Vegetable stew,” pages 74-76.)

ACTIVITIES:

- (A) Read John 13:26.
- (B) Jesus and another friend dipped bread in the stew. Who was that friend? **Judas**

Lesson 4.09 - The Use of Meat

(Covering the sections titled: “General economy in the use of meat,” “Stewed meats,” and “Roasted meats,” pages 76 and 77.)

ACTIVITIES:

- (A) Read Luke 15:20-24.
- (B) The father celebrated the return of his son, how? **Feasted on the “fatted calf.”**

(B) This verse compares *butter churning* to what? **“stirring up anger,” conflict**

Please read Chapter 5 in *Everyday Life in Bible Times*.